

FACTS AND STRATEGIES FOR SUPPORTING PEOPLE WITH FETAL ALCOHOL SPECTRUM DISORDER



Presented by the
**Fetal Alcohol Resource Program,
Citizen Advocacy Ottawa**



About Fetal Alcohol Spectrum Disorder (FASD)

Many Canadians are living with FASD. Although FASD is present from birth, individuals are often not diagnosed until later in life when symptoms related to learning challenges and a range of social problems emerge.

We are offering a two-hour training session to build awareness for professionals, families and friends supporting people with FASD.

You will have the opportunity to learn the basics about what FASD is, how to recognize it, the prevalence in our society and some of the challenges individuals face when they are prenatally exposed to alcohol. We will also share strategies to create success and have a Q & A session.



Tanya Eichler: Tanya is an FASD Coordinator for the Fetal Alcohol Resource Program in Ottawa. In addition, Tanya has a private counseling practice where she focuses on individuals and families who have experienced trauma including prenatal exposure to drugs and alcohol. Prior to living in Ottawa, Tanya worked for B.C.'s ground-breaking FASD Keyworker program.

Nancy Lockwood: Nancy is Program Manager for Ottawa's Fetal Alcohol Resource Program. Nancy has a background in education, with a specialty in supporting and advocating for individuals affected by Fetal Alcohol Spectrum Disorder.

Both Tanya and Nancy are members of the FASD Coalition of Ottawa, and Nancy is a founding member of the FASD Enrichment Fund.

WHEN & WHERE

Thursday

October 12, 2017

7-9 p.m.

**Bayridge
Secondary School**

Cafeteria

**1059 Taylor-Kidd
Blvd**

Kingston, Ontario

What is the Fetal Alcohol Resource Program?

Throughout Ontario, there is no strong, comprehensive system of inter-related, complimentary services and supports for individuals and their families affected by FASD. The Fetal Alcohol Resource Program aims to change this through education, community leadership development and community navigation.

PLEASE JOIN US AS WE BEGIN TO BUILD A LOCAL COMMUNITY OF SUPPORT