

# École Publique Rideau Public School

## Newsletter

September 2017

**Principal's Message** - Mr. Seiveright

"Be somebody who makes everybody feel like a somebody" – Kid President

### Welcome Back!!

It was great to see everyone back with smiling faces last week as we get another great year under way! For me, it was terrific to see all the families in the yard, all the new eager kinders, and to catch up on stories of summer adventures with staff and students alike.

We are all very excited to get down to the hard work of learning and developing important skills and work habits. Teachers have already begun by setting high expectations for learning, finding out where students are, and working together to establish goals for learning. We want students to graduate from Rideau ready to face a changing, complex world, and as excited and curious about learning as they are when they start school in kindergarten.

Enrolment is up this year at Rideau – as of last week we had 476 students. Because of this increase in enrolment, the Board Staffing Committee has allocated an additional class in both English and French. Some students will need to switch classes as a part of this reorganization; parents of those students will be notified this week, and our final school organization will be in effect as of Monday, September 18.

Parents play a critical role in a child's education. Your support is needed to ensure that students see a strong link between the home and school. Regular communication with teachers and staff is key to maintaining a positive relationship and to supporting our children's success.

We welcome all feedback; please share any concerns or questions you might have – simply phone us at 546-5901 or send us an email at [ridea@limestone.on.ca](mailto:ridea@limestone.on.ca). Please follow us on Twitter @RideauPS\_LDSB, and check out our website

<http://rideaupublicschool.limestone.on.ca>



Follow us  
@RideauPS\_LDSB

### Allergen Aware

Please refrain from sending products that contain or have come in contact with **nuts or peanuts**, due to several severe anaphylactic allergies throughout the school. Classes with other specific allergies will bring home reminder notices. Please inform the office if your child has an allergy or other medical condition, and if you have not already been contacted by Mrs. Marshall.

### Upcoming School Council Meetings

**Tuesday, September 12, 6:30-7:30pm** – Family Information Night / Meet and Greet for Parent Advisory Council. Everyone is welcome to attend. Childcare is provided. Held in the RPS Staff Room.

**Wednesday, September 20, 6:30-8:00pm** – Annual General Meeting (selection of new council for this school year, all positions open). Everyone is welcome to attend. Childcare is provided. Held in the RPS Staff Room.



## Reminders

All visitors to the school must check in at the front office, and sign in. As part of our Safe Welcome program, all of our doors, including our front door, are locked during the school day. Please ring the bell and you will be let in. Occasionally there is no one right at the front desk, or there is a situation in the office which requires immediate attention. In these rare instances we ask for your patience to be let in, as it is in the interest of student safety.

School begins at 9:05. Supervision in the yard begins at 8:50. It is very important to have your children at school on time; teachers begin instruction right away, and being late by as little as 10 minutes can have a huge impact on learning. Our day ends at 3:35. Please try to schedule appointments outside of school hours when possible, however when you need to pick a child up early, please arrive before 3:20. After that time we can not call students down to the office, as classes are getting ready for dismissal and there is more commotion and noise in the school than usual. All late arrivals and early pick-ups must sign in and out at the main office.

We are on a Balanced Day, which means we have two nutrition breaks, at 11:10 and 1:35. Please send nutritious snacks including fruits, vegetables, whole grains, dairy and protein. Help your children by labelling or colour-coding the food for each break. We ask that candy and other treats be saved for home. Teachers will encourage students to eat their most healthy snacks first. We promote Litterless Lunches, and encourage students to bring food in re-useable packages.

## Open House

We are delighted to invite parents and guardians to our Open House, which this year will be on Thursday September 28, from 5:00 – 6:00 p.m. Classrooms will be open for you to see some of

what your children have been working on, to learn about goals for the year, and to meet your child's teacher(s) and other school staff. There is not enough time at this event for 1-1 parent teacher interviews; if you require a meeting with your child's teacher please make an appointment for a different, mutually agreeable time.

## Volunteering at Rideau

We love having volunteers at Rideau. Every day you can see parents and community members reading with students, helping with special events, or working with members of our School Council on a variety of projects. If you are interested in volunteering, please talk to your child's teacher, the main office, or contact the School Council. Remember, all volunteers, even for a field trip, are required to complete a Criminal Records Check (CPIC) with the police prior to volunteering. If you have completed a CPIC within the last 3 years and a copy is at the office, you may sign an Offence Declaration Form at the office.

## School Advisory Council (SAC)

The SAC is a great way for parents and guardians to get involved in the life of

Rideau. The SAC advises the Principal on a variety of issues and matters of concern, hosts a variety of special events throughout the year, and plays a critical role in raising funds for playground equipment, new technology, library resources, and other items.

The first SAC meeting of the year will be held on Wednesday, September 20, at 6:30 p.m. in the Staff Room. Elections for Executive Positions will be held at this meeting. All parents and guardians of the Rideau Community are invited to attend. Nominations can be submitted to the office by September 19, or can be made at the meeting for all positions. Child care is available for Rideau students.

**OPEN HOUSE**  
**Thurs. Sept. 28**  
**5:00 – 6:00**  
Come and meet your child's  
teachers and see their classrooms  
**PA Day**  
**Fri. Sept. 29, 2017**  
**No school for students**

## Email Newsletters

We will begin emailing newsletters and other important information next month. If you received emails from us last year, you will continue to do so, unless you inform us that you are no longer interested. If you would like to begin receiving School Newsletters in electronic format, please complete and return the form that was sent home with the start of year package. We will keep your email address confidential, and will only send you monthly newsletters and, occasionally, other information. Some of the information may be of a commercial nature, such as Hot Lunch information or special events such as the Boo Bash. You may choose to stop receiving electronic newsletters at any time, by simply notifying the school. Newsletters will also be posted on our website, Tweeted, and hard copies will be available in the office.

## Young Choristers Limestone

The Young Choristers Limestone is a choir of LDSB students in Grades 3-8, promoting enjoyment of music and giving the students the opportunity to perform in several different venues in our community. The choir is directed by Margaret Moncrieff. Auditions are Tuesday Sept. 12 and 19, 4-5 p.m. at Cat Woods PS. Other times can be arranged until the end of Sept. by e-mailing [youngchoristers@gmail.com](mailto:youngchoristers@gmail.com)

Rehearsals are Tuesdays from 4:30 – 5:30 at Cataragui Woods Public School beginning September 26. The choral season ends the first week of May. For more information, email [youngchoristers@gmail.com](mailto:youngchoristers@gmail.com)

## Parking

We realize that parking is at a premium during drop off and pick up times. We would ask, however, that all members of the Rideau Community respect our neighbours, and follow all municipal parking by-laws. Please do not block driveways or park too close to intersections. By-law officers will be patrolling the area to ensure compliance.

## Twitter

Stay connected! You can follow us on Twitter @RideauPS\_LDSB . We post bus updates, reminders and photos of important events, links to interesting sites, and retweets of posts that we think are important or interesting to our school community. We also link to our newsletters, which can also be found on our website: <http://rideaupublicschool.limestone.on.ca> .

## Hot Lunch and Milk

We will be offering milk and hot lunch to students again this year. More information will be sent home shortly.

## Terry Fox Run

Our annual Terry Fox Run will be held on Sept. 29th, during regular school hours. We look forward to raising awareness for cancer research again this year. More details about this event will be sent home closer to the date.

### Smoke Free Environment



Please remember that Rideau is a smoke free environment. This includes our school yard, front and back, as well as our parking lots. It is prohibited to smoke in vehicles parked on school property.

## ATTENTION PARENTS!

# OUR MAGAZINE FUNDRAISER WILL BE STARTING SOON!

If you are eager to order before our official campaign begins, you can support our students any time by shopping online. Just go to [www.qsp.ca](http://www.qsp.ca)!

All early orders will count toward the student awards too.

Why not order a subscription for your child? Kids love receiving mail and it's proven that reading print benefits children far greater than reading material online.

And magazines make great gifts for delivery anywhere in Canada.

Plus, you'll see hundreds of gift items online too. Every purchase benefits our campaign.

**Thank you in advance for your support. We count on your participation!**

Customer service is always available by calling QSP directly at 1-800-667-2536



### Bye, Bye Birdy

It is lots of fun to focus on the beginning sounds in words. This is called alliteration. The beginning sound is the key, as in *Cool & Kids*.

#### Alphabet Tongue Twister Game

Make up one-line tongue twisters with your children.

**A:** An ape ate Ace's acorn.

**B:** Baby Bobby bounced better by bedtime.

**C:** Cory collected cans, counting continuously.

#### Betty Botter by Mother Goose


Betty Botter bought some butter,  
But, she said, the butter's bitter;  
If I put it in my batter  
It will make my batter bitter,  
But a bit of better butter  
Will make my batter better.



#### Some books that include alliteration:

*Miss Mary Mack* by Mary Ann Hoberman

*Sheep on a Ship* by Nancy Shaw

Early Literacy Specialists 

### How Much Sleep Does My Child Need?

Sleep is critical in a child's education. Did you know that on average, school-aged children today are sleeping an hour less per night than they did 30 years ago? This 'lost hour' of sleep can have wide ranging consequences. While each child is different, experts suggest that **children 3-5 years old need 10-13 hours** of sleep each night, and **children 6-13 years old need 9-11 hours**. For more information about this issue, check out:

<http://nurtureshockmoment.blogspot.ca/2010/10/lost-hour.html> and

<https://sleepfoundation.org/excessivesleepiness/content/how-much-sleep-do-babies-and-kids-need>



## September/Septembre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <b>Labour Day</b>	5 Day 1 First Day of School	6 Day 2	7 Day 3	8 Day 4	9
10	11 Day 5	12 Day 1 School Council Meet & Greet 6:30 – 7:30	13 Day 2	14 Day 3	15 Day 4	16
17	18 Day 5	19 Day 1	20 Day 2 School Council AGM 6:30 – 7:30	21 Day 3	22 Day 4	23
24	25 Day 5	26 Day 1	27 Day 2	28 Day 3 Terry Fox Run Open House 5:00 – 6:00	29 <b>PA Day</b>	30