

Hi Rideau Parents!

We are very excited to announce that Parent Council has once again partnered with Fresh From the Farm for a fresh fall food fundraiser. Last year's Fresh From the Farm fundraiser was a big (and yummy) success and we hope this year's will be even bigger. This year's fundraiser runs until **Friday, October 12**, so submit your orders soon!



What is Fresh From the Farm?

Fresh From the Farm brings fresh fall Ontario produce into Ontario schools. Since 2013, 1,165 Ontario schools have taken part in the Fresh From the Farm fundraising program, bringing fresh, Ontario-grown fruit and vegetables to Ontario families and raised more than \$1.1 M for school initiatives while also supporting Ontario farmers. You can find out more (and get recipe ideas!) at www.freshfromfarm.ca.

What can I order?

You can choose from two different bundles:

BUNDLE A, \$14

- 5 lb white potatoes
- 3 lb carrots
- 3 lb yellow onions
- 3 lb sweet potatoes

BUNDLE B, \$15

- 8 lb of Empire apples

Order for your family or partner up to share a bundle or two with another family! Ask your friends and neighbours if they'd like to order some local fall produce — last year some parents had great success with collecting orders via social media. Fruit and vegetable products are supplied by growers throughout various regions of Ontario. Whenever possible, produce is sourced from growers in each region.

How do I get my vegetables or fruit?

Because the bundles are heavy, we can't send them home with the kids. Pickup will be at the school on an evening in November. We will let you know exact pickup date(s) ASAP. Please note that orders that are not picked up will be donated to Loving Spoonful to be distributed to community organizations across Kingston.

Thank you for supporting an initiative that helps our kids raise funds in a fun and healthy way!



FRESH FROM THE FARM ORDER FORM

If you would like to submit multiple orders, email rideaufundraising@gmail.com for a tracking form.

Name of student: _____

Name of teacher: _____

Name of parent: _____

Parent phone number: _____

Please include money (cash or cheque payable to Rideau Public School) with this form.

Number of **BUNDLE A (veggies)**: _____ × \$14

+ Number of **BUNDLE B (apples)**: _____ × \$15

= Total money due: \$ _____

Cheques can be made out to Rideau Public School. Due **Friday, October 12!** Thank you for your support!